

# Curriculum Overview – PE

## Cycle A – Years starting in even numbers

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Class 1	PE	Unit 1 – Personal Foundation/Y1	Unit 2 – Social Foundation/Y1	Unit 3 – Cognitive Foundation/Y1	Dance – Creative Cog Emerging – Rec Expected – Y1 Exceeding - GD	Gym – Unit 1 – Physical Cog (Shape Travel) Use both Reception and Y1 Objectives	Unit 6 – Health and Fitness Foundation/Y1
Class 2	Real PE	Unit 1 and 2 (Y3) - Personal (3 weeks) - Social (3 weeks)	/	Unit 3 and 4 (Y3) -cognitive - creative	/	Unit 5 and 6 (Y3) -Physical -Health and fitness	/ Sports Day
	Additional PE	/	Dance (unit 1 Y3) - Creative cog	/	Gymnastics (unit 1&2 Y3)  Physical cog	/	Athletics
Class 3	Real PE	Real PE Y4 Unit 1 – Personal	Real PE Y4 Unit 2 – Social	Real PE Y4 Unit 3 - Cognitive	Real PE Y4 Unit 4 –Creative	Real PE Y4 Unit 5 –Physical	Real PE Y4 Unit 6 – Fitness (Box to be fit/athletics)
	Additional PE	Gymnastics	Dance	Gymnastics	Swimming	Swimming	Swimming
Class 4	Real PE	Personal	Social	Cognitive	Creative	Physical	Health and Fitness / Box2Bfit
	Additional PE	Swimming	Swimming	Swimming	Gymnastics: Physical	Dance: Creative	Athletics

## Cycle B – Years starting in odd numbers

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Class 1	PE	Unit 1 – Personal Foundation/Y1	Gym – Unit 2 – Physical Cog (Flight and Rotation) Use both Reception and Y1 Objectives	Dance – Creative Cog Emerging – Rec Expected – Y1 Exceeding - GD	Unit 2 – Social Foundation/Y1	Unit 3 – Cognitive Foundation/Y1	Unit 6 – Health and Fitness Foundation/Y1
Class 2	Real PE	Unit 1 and 2 (Y2) - Personal (3 weeks) - Social (3 weeks)		Unit 3 and 4 (Y2) - Cognitive - Creative	/	Unit 5 and 6 (Y2) - Physical - Health and fitness	/ Sports day
	Additional PE	/	Gymnastics (unit 1&2- Y2)  Physical cog	/	Dance (unit 1-Y2)  Creative cog	/	Athletics
Class 3	Real PE	Year 4 unit 1 personal – Box 2 b Fit	REAL PE Year 4 - unit 2, social	REAL PE Year 4 - unit 3, cognitive	REAL PE Year 4 - unit 5, physical	REAL PE Year 4 - unit 6, Health and fitness	Athletics – Health and Fitness
	Additional PE	REAL Gymnastics - physical	REAL Dance - Creative	REAL PE Year 4 REAL PE – unit 4 creative	Swimming	Swimming	Swimming
Class 4	Real PE	Personal	Social	Cognitive	Creative	Physical	Health and Fitness / Box2Bfit
	Additional PE	Swimming	Swimming	Swimming	Gymnastics: Physical	Dance: Creative	Athletics